

OP. DR. ŞUHEDA ÇILDIR

Plastic, Reconstructive and Aesthetic Surgeon

HIGHLIGHTED CONGRESSES AND TRAINING COURSES ATTENDED:

- Turkish Society of Plastic, Reconstructive and Aesthetic Surgery (TPRECD) national congresses and rhinoplasty courses
- EPCD (Aesthetic Plastic Surgery Society) national congresses
- Courses on microsurgery, cadaveric facial anatomy, and injectable treatments
- International wound care congresses and advanced wound management trainings

SELECTED SCIENTIFIC PRESENTATIONS AND PUBLICATIONS:

- Surgical approaches based on prolabium size in cleft lip repairs (7th International Cleft Lip and Palate Congress, 2021)
- Complications and management after upper blepharoplasty (43rd TPRECD, 2021)
- Free flap reconstruction following upper extremity burns
- Comparison of parascapular flap and anterolateral thigh flap in lower extremity reconstruction
- Effectiveness of growth factor gel in diabetic foot ulcer healing
- Economic impact of chronic wounds on the national health insurance system
- Award-winning poster presentation on pyoderma gangrenosum
- Ongoing training in rhinoplasty, facial aesthetics, dermal fillers, and closed surgical techniques

ABOUT:

Op. Dr. Şuheda Çıldır is a dynamic and accomplished plastic, reconstructive, and aesthetic surgeon, recognized for her clinical experience and academic contributions in the field. Following her graduation from Hacettepe University Faculty of Medicine, she completed her residency in Plastic, Reconstructive, and Aesthetic Surgery at the Kartal Dr. Lütfi Kırdar City Hospital under the University of Health Sciences. She later served as a specialist physician at Giresun Training and Research Hospital.

Her surgical expertise spans a wide range of procedures including microsurgery, breast reduction, cleft lip and palate repair, and various flap reconstructions. She has actively contributed to the scientific community through numerous presentations at national and international congresses and has played an important role in several academic studies.

SPECIALIZATION THESIS:

Her specialization thesis, titled "Comparison of Pedicle and Nipple-Areolar Complex Circulation Using Fluorescence Angiography According to Pedicle Length in Different Breast Sizes with the Superomedial Pedicle Breast Reduction Technique", presents an original contribution to the field of breast aesthetics by incorporating advanced imaging technologies for circulatory assessment during surgery.

EDUCATION:

- ▶ 1998 -2006 İsmail Erez Primary School
- ▶ 2006-2010 Cemal Şaşmaz Science High School
- ▶ 2010-2016 Hacettepe University Faculty of Medicine
- ▶ 2018-2023 Health Sciences University Kartal Dr. Lütfi Kırdar City Hospital Plastic, Reconstructive and Aesthetic Surgery Clinic

PROFESSIONAL EXPERIENCE:

- > 2016-2018 Ataşehir Community Health Center
- ▶ 2018-2023 Health Sciences University Kartal Dr. Lütfi Kırdar City Hospital Plastic, Reconstructive and Aesthetic Surgery Clinic
- ▶ 2023-2024 Health Sciences University Giresun Education and Research Hospital Plastic, Reconstructive and Aesthetic Surgery Clinic





- (+90) 212 324 11 11
- https://quartz.com.tr/
- Fulya, 19 Mayıs Cd. No: 8/B, 34360 Şişli/İstanbul

